



Triple P

Triple P – a positive parenting programme that strengthens families by promoting positive relationships

Positive
Parenting
Program



UPCOMING TRIPLE P EVENTS AT HOLLINGTON PRIMARY ACADEMY

PARENT DROP-IN SESSION

Thursday 8th June - 9-10 am

Are parenting issues causing you problems? If so, come along for a one-to-one chat and gain useful ideas and strategies to make parenting easier!

DEVELOPING GOOD BEDTIME ROUTINES

Thursday 29th June - 9-11 am

Is bedtime a nightmare in your house? Does your child struggle to settle or wake during the night? Are you feeling exhausted from lack of sleep? If so, come along to our two hour discussion group and gain simple ideas and strategies to make bedtime easier!

No need to book your place – just turn up!
For more information please speak to Lois Lee (PSA)